

Checklist for RCTs									
Costi et al. (2019)	?	?	?	?	?	?	?	?	?
Xu et al. (2015)	?	?	?	?	?	?	?	?	?
Abdallah et al. (2017)	?	?	?	?	?	?	?	?	?
Anand et al. (2000)	?	?	?	?	?	?	?	?	?
Deakin et al. (2008)	?	?	?	?	?	?	?	?	?
Mathew et al. (2010)	?	?	?	?	?	?	?	?	?
Doyle et al. (2013)	?	?	?	?	?	?	?	?	?
Joules et al. (2015)	?	?	?	?	?	?	?	?	?
Sheferbinin et al. (2015)	?	?	?	?	?	?	?	?	?
Krystal et al. (1998)	?	?	?	?	?	?	?	?	?
Andrashko et al. (2019)	?	?	?	?	?	?	?	?	?
Krystal et al. (1999)	?	?	?	?	?	?	?	?	?
Lahri et al. (1995)	?	?	?	?	?	?	?	?	?
Oranje et al. (2009)	?	?	?	?	?	?	?	?	?
Schmechtig et al. (2013)	?	?	?	?	?	?	?	?	?
Lipschitz et al. (1997)	?	?	?	?	?	?	?	?	?
Malhotra et al. (1997)	?	?	?	?	?	?	?	?	?
Vollenweider et al. (2012)	?	?	?	?	?	?	?	?	?
Lahri et al. (1999)	?	?	?	?	?	?	?	?	?

Legend
 yes
 unclear
 no
 not applicable

Was allocation used for assignment of participants to treatment groups?

Were treatment groups similar at the baseline?

Were participants blind to treatment assignment?

Were outcomes assigned to treatment assignment?

Were participants allocated to their follow up adequately described between groups?

Were outcomes measured in the same way for treatment groups?

Was appropriate statistical analysis used?

Was the trial design appropriate, and any deviations from the standard design accounted for in the conduct and analyses of the trial?

Overall appraisals

Checklist for quasi-experimental studies		Checklist for case reports	
Is it clear in the study what is the 'cause', and what is the 'effect', i.e. there is no confounding between which variable is included in any comparisons similar?	✓	Was the patient's demographic characteristics clearly described?	✓
Were the participants included in any comparisons similar?	✓	Was the outcome both pre and post the intervention?	✓
Were there multiple measures of the outcome both pre and post the intervention?	✓	Were the current clinical condition clearly described?	✓
Was follow-up done and if not, were differences between groups in terms of the outcome measured?	✓	Were the intervention clearly described?	✓
Were outcomes measured in a reliable way?	✓	Were the intervention clearly described?	✓
Was appropriate substance and/or use?	✓	Does the case report provide take-away lessons?	✓
Overall appraisal	include	Overall appraisal	include

Albott et al. (2017)
Frye et al. (2015)

Ford et al. (2015)
Barrova et al. (2015)
Dunner et al. (2019)